

Personal Mentoring Plan. Mentor Profile

About myself

Contact details

Name: _____

E-Mail: _____

Age: _____

Nationality: _____

Telephone: _____

City of Residence: _____

Skype name: _____

Others: _____

Description of myself

Career incl. industry & role:

–

My strengths

1 _____

4 _____

2 _____

5 _____

3 _____

6 _____

My interests

–

Adjectives that describe me best

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What are the areas in which I would like to mentor in (e.g. leadership, business creation, marketing, work-life balance, ...) ?

1 _____

2 _____

3 _____

What role do I want to play in the mentoring relationship (e.g. act as sounding board, provide developmental feedback, share experiences, connect with relevant people, ...)

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